



Adults caring for aging parents and children simultaneously have now become known as the "sandwich generation." While each generation comes with its own array of financial challenges, the sandwich generation often feels a tight financial squeeze as they juggle the cost of care for their elderly parents with care for their children. Due to the financial strain, saving for retirement gets put on the back burner.

Don't let your retirement dreams vanish before they get started. Follow these six tips to get your retirement on track while still prioritizing your family.

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Regards,

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